



First Aid Kit

- Ace Wraps : 3 inch & 4 inch
- Antifungal ointment
- Anti-Diarrhea
- Aleve (Naproxen)
- Alcohol: 90-100% proof
- Apple Cider Vinegar
- Aspirin
- Bandage Scissors
- Band-Aids several sizes/ butterfly
- Liquid and Chewable Benadryl
- Betadine/iodine swabs
- Birth Control
- Boudreaux's Butt Paste
- Bug Spray 100% Deet
- Calamine lotion
- Castor Oil
- Contacts/Contact Cases/ Extra Glasses/Saline
- Condoms
- Dramamine (motion sickness)
- Duct tape
- Ear loop masks (N-95)
- Elastic Gauze Bandage Rolls
- Epsom Salt
- Floss
- Gloves (non- latex)
- Gauze pads (sterile and non-sterile)
- Hand sanitizer
- Heat packs-Heating pads
- Ibuprofen
- Mylar Blankets
- Hydrocortisone
- Lip balm/ ChapStick
- Lotion or body cream
- Menstrual Pads and Tampons
- Mucinex
- Mucinex Dm
- Motrin
- Monistat (Yeast Infections)
- Mouthwash
- Molefoam/Moleskin
- Nasal Decongestant PE
- Nasal Spray (Afrin)
- New skin liquid bandage
- Non-stick sterile pads
- Nystatin and Triamcinolone Acetonide
- Nail clippers
- Neosporin
- Orajel
- Petroleum Jelly
- Pepto Bismol Chewables
- Pregnancy Test
- Quickclot
- Rolled Gauze
- Scissors
- Splinter Removal Kit
- Soap
- Stethoscope
- Sunscreen
- Toothbrushes/Toothpaste
- Tucks Pads-Which Hazel
- Tweezers
- Tylenol
- Vicks VapoRub
- Zantec (Acid Reducer)
- Ziplock Bags

VITAMINS

- B-12 Vitamins
- B-complex vitamins
- Calcium
- D-3 Vitamins
- Magnesium
- Mature Complete Multivitamin
- Omega 3 Fish Oil
- Vitamin C
- Essential Oils