

Easy Oatmeal Recipes by Food Storage Moms

Ingredients:

- 1/2 cup oatmeal, dry regular rolled oats
- 1 tablespoon raisins
- 1 tablespoon brown sugar or 2 tablespoons dry Stevia, you could use any kind of dry sweetener or no sweetener at all
- 1/2 teaspoon ground cinnamon
- 1 cup boiling water

Instructions:

1. Place all of the ingredients except the boiling water in a pint mason jar. When ready to eat, carefully pour the boiling water into the mason-jar with this recipe or the ones below. Place the lid on and screw lightly. Set timer for 15 minutes, then wait, and remove the lid and it is ready to eat. Or you can use 8 ounces of water from your Keurig machine and microwave the jars without the lid for 30-40 seconds. Be careful they will be hot. Put the lid on and drive to work, or put the laundry in the washing machine or take it to park and read a book.
2. Recipe #2 is the recipe above plus cranberries and sliced almonds
3. Recipe #3 is the recipe above but add shredded coconut and chopped pecans
4. Recipe #4 is the recipe above but add freeze-dried bananas (one layer)
5. Recipe #5 is the recipe above but add freeze-dried apples (one layer)
6. Recipe #6 is the recipe above but add dehydrated peanut butter and some freeze dried bananas